

SUTAB INSTRUCTIONS

DAY 1, DOSE 1 (6PM, the evening BEFORE your Colonoscopy)

- **Step 1:** Open 1 bottle of 12 tablets
- **Step 2:** Fill the provided container with 16 oz of water (up to the Top Fill Line follow the arrows which are pointing to the line).
- **Step 3:** Take one (1) tablet at a time with sips of the water until all tablets are taken. You have 30 minutes to take the 12 tablets ****IMPORTANT: DO NOT SWALLOW ALL THE TABLETS AT ONCE!****
- **Step 4:** 1 hour after you finish the taking all the tablets, fill the container with another 16 oz of water (up to the Top Fill Line, follow the arrows which are pointing to the line) and drink the **ENTIRE** amount over 30 minutes.
- **Step 5:** 30 min after finishing the second container of water, fill the container with another 16 oz of water (up to the Top Fill Line, follow the arrows which are pointing to the line) and drink the **ENTIRE** amount over 30 minutes. **See chart below:**

6pm-6:30 pm (Steps 1-3)



12 pills + 16 oz water
(1 pill at a time over 30 min)

7:30-8pm (Step 4)



Drink 16 oz water

8:30 pm (Step 5)



Drink 16 oz water

FINISH PREP BY 9PM BUT CONTINUE DRINKING CLEAR LIQUIDS UNTIL BEDTIME

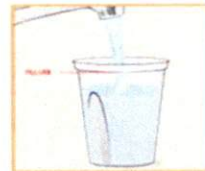
DAY 2, DOSE 2 (the morning OF your colonoscopy)

- Repeat steps 1-5 above following the time schedule below.

The timing of your prep will be dependent on the time of your test. This time will be given to you when we call you. Fill in the blanks below with the times we give you. If you have not received a call or message (check voicemail or answering machine messages) from our facility **BY 11AM** the day before your scheduled test-CALL our office at **717-633-9086**.

PROCEDURE TIME: _____

TIME: _____
(5 hours prior to procedure)



12 pills + 16 oz water
(1 pill at a time over 30 min)

TIME: _____
(3 1/2 hours prior)



Drink 16 oz water

TIME: _____
(2 1/2 hours prior)



Drink 16 oz water

FINISH PREP AND WATER BY: _____ (2 hours prior to procedure).

NOTHING BY MOUTH 2 HOURS PRIOR TO YOUR TEST unless instructed to take medication with a sip of water 1 hour prior to your test. **DO NOT** skip any medications you are instructed to take!

If you have any complications with taking your prep such as vomiting and/or severe cramping, or cannot finish your prep for any reason **CALL OUR OFFICE at 717-633-9086** and you will be prompted on how to reach Dr. Thomas

If you are having a medical emergency DIAL 911 IMMEDIATELY!

I have read and understand these instructions

_____ Initials