CLENPIQ Bowel Prep
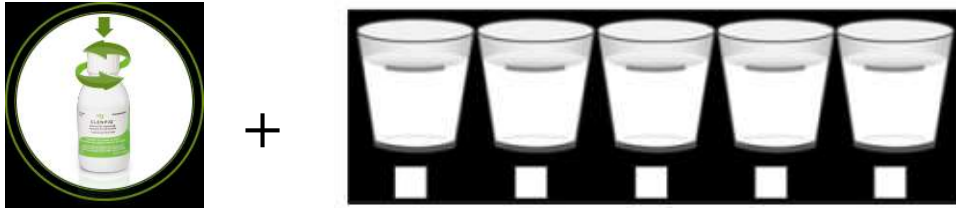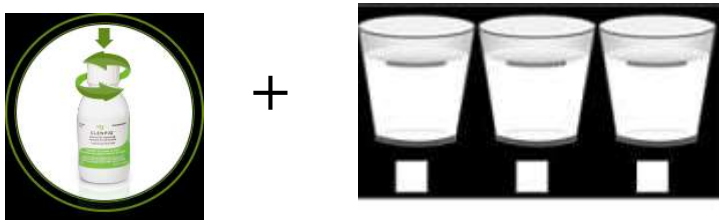## Split Dose Instructions

FOLLOW ALL INSTRUCTIONS AS THEY ARE WRITTEN ON THIS PAPER!

- **In the evening before your procedure:** ***Starting at 6pm,*** Begin your prep. Drink 1 bottle of Clenpiq directly from the bottle-DO NOT dilute. Follow this by drinking FIVE 8 oz cups of water with the cup provided in your kit. ***Finish this step by 10 pm.***

 +

- **In the morning on the day of your procedure,** Continue your prep. Repeat as before drinking the second bottle of Clenpiq followed by THREE 8 oz cups of water. Finish drinking your prep within 1 ½ hours. ***NOTE:*** Your prep could begin as early as 2:30 am depending on the time of your procedure. Your prep time will begin 4 hours prior to your test and must be completed no later than 2 hours prior.

 +

Please fill in these times when you are called for your procedure time.
PROCEDURE ARRIVAL TIME:_____
PREP START TIME:_____
PREP FINISH TIME:_____

Note: You must finish drinking the final glass of water at no later than 2 hours before your procedure!

You are to have NOTHING by mouth after finishing your prep UNLESS directed to take medications with a sip of water 1 hour prior to arrival. DO NOT skip any medications you are instructed to take!

If you experience any nausea during your prep, please do the following:

1. First SLOW down when you are drinking the prep. If you are gaggy or just can't stand the taste, you may try using a straw to help bypass the gag reflex and taste buds.

2. If Nausea persists or you begin to vomit, stop the prep and take a break. If you cannot resume within 1 hour without the threat of vomiting, You MUST call Dr. Thomas at 717-633-9086. If it is before/after normal business hours, PLEASE CALL THE ANSWERING SERVICE as prompted. Do not leave messages at the center as no one will be here to hear them.

3. If you are struggling with the Morning prep, Call the answering service promptly. We may need to delay or reschedule your procedure. If at all possible, we will use other methods to prevent such a delay.